



## Weight loss with Cold Laser Contouring Plan

\$350

### Week 1:

- Detox diet
- Cold laser for metabolism & cravings 3x/wk
- Meal planning
- Clease supplement

### Week 2 and 3:

- Cold laser to contour specific areas 3x/wk
- Percussor to stimulate lymphatics
- Exercise plan
- Weekly measurements

Follow up laser treatments can continue at \$40 per treatment or 10 for \$350.